

# NATURAL DISASTERS IN ALABAMA...

... are becoming more frequent and devastating. Prepare now for a sudden emergency. This checklist will help you get started!

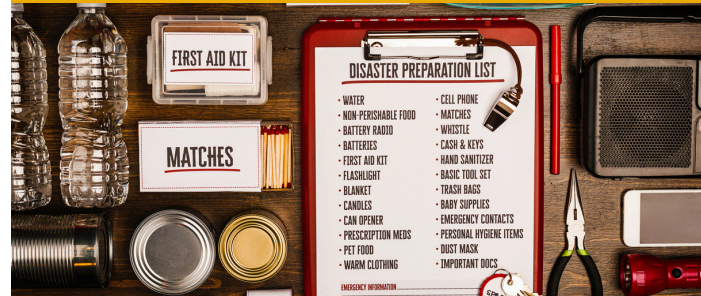
## CREATE AN EMERGENCY PLAN

- Meet with family members to discuss the dangers of fire, severe weather, earthquakes, and other emergencies
- Find the safe spots in your home for each type of disaster
- Discuss what to do about power outages and personal injuries
- Draw a floor plan of your home; mark two escape routes from each room
- Teach children how and when to call 911, police, and fire
- Pick one out-of-state and one local friend or relative for family members to call if separated during a disaster (it is often easiest to call out-of-state than within the affected area)

# PREPARE YOUR DISASTER SUPPLY KIT

Your kit should be tailored to your household, but don't forget:

- Plastic sheeting & duct tape
- Water (one gallon per person, per day), stored in sealed, unbreakable containers
- Non-perishable packaged or canned food (and a non-electric can opener!)
- Change of clothing, rain gear, & sturdy shoes
- Blankets or sleeping bags
- First aid kit and prescriptions
- Extra pair of glasses
- Cash
- Battery-powered radio, flashlight, and plenty of extra batteries
- Extra set of car keys
- List of family physicians
- List of important family information
- Style/serial number of medical devices such as pacemakers
- Special items for infants, elder, or disabled family members



## GATHER IMPORTANT DOCUMENTS

- Make copies of your important documents
- Keep family records and other important documents in a water-proof and fire-proof container

## MAINTAIN YOUR SUPPLY KIT

After assembling your kit, remember to maintain it so it is ready when needed:

- Keep canned food in a cool, dry place
- Store boxed food in tightly closed plastic or metal containers
- Replace expired items as needed
- Rethink your needs each year, and update your kit as your family's needs change
- Set a calendar reminder every six months to refresh your kit as needed (*Daylight Savings Time is a great time!*)

# WHERE CAN I LEARN MORE?

While this brochure is intended to help you get started, Legal Services Alabama wants to help you and your community be as ready as possible if a disaster strikes.

Additional resources can be found at [www.readyalabama.gov](http://www.readyalabama.gov)

In the event of a natural disaster, you can call the LSA Call Center at **866-456-4995** to learn if you qualify for free legal aid services.



## Produced by: Legal Services Alabama

Legal Services Alabama is an independent, nonprofit organization that provides qualifying low-income individuals with free civil legal assistance. LSA is a statewide program serving all 67 counties in Alabama and provides a full range of services for disaster victims.

**LSA Disaster Relief Hotline**  
**877-393-2333**

**LSA Call Center**  
866-456-4995 **ENGLISH**  
888-835-3505 **ESPAÑOL**



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## EMERGENCY PREPAREDNESS IN ALABAMA

**A CHECKLIST TO HELP  
YOU GET STARTED**

